Plan to be self-sufficient for at least seven days during and after a disaster. You should anticipate no water, electric power, or utilities for that period of time. To ensure the comfort of your family, whether at home or evacuated to another location, you should have the following items, at a minimum, assembled and readily available:

- Food ( canned goods and nonperishable)
- Prescription medicines
- Personal hygiene items
- Extra personal aids, such as eyeglasses, hearing aids, etc.
- Portable chairs
- Change of clothes
- Batteries
- Photographs in a water- and fire-resistant container
- Books, magazines, cards, toys, games
- Personal hygiene items

# 7-DAY SURVIVAL KIT

### Polk County Emergency Management recommends:

1. In-place Shelter - plan to remain in residence during the emergency, if possible.
2. Evacuate to Friends or Relatives’ Residence - if forced to evacuate, it is less traumatic for all concerned to be sheltered with family, friends, or acquaintances, especially those in mobile homes, the remaining choices should be considered in order of preference. Whichever of the following options you decide to use, be sure to have a 7-day survival kit assembled as soon as practical before the disaster hits.
3. Use the shelter option that is most convenient for you.
4. Evacuate to a motel - make arrangements as early as possible to’ll fit with other evacuees.
5. Evacuate to a public shelter - please consult the Public Shelter policy on the front of this sheet.

### SPECIAL NEEDS PROGRAM

The Polk County Special Needs Program is designed to provide sheltering at Special Needs Shelters for residents with medical or physical conditions and/or dependent on medical electrical equipment who require assistance during an emergency. The Special Needs Shelters are McKee Academy of Technology (25), Ridge Community High School (12) and Florida Department of Health Ambulance Unit (16).

The program also provides transportation to public shelters for pet-friendly shelters for those unable to evacuate on their own. Pre-registration in the program, for medical needs or transportation only, is preferred. Contact Emergency Management (863) 298-7027.

### SOURCES OF EMERGENCY INFORMATION

- Polk County Emergency Management
- Polk County Sheriff’s Office
- Federal Emergency Management Agency (FEMA)

**EVACUATION INFORMATION**

<table>
<thead>
<tr>
<th>Counties</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polk</td>
<td>863-645-2324</td>
</tr>
<tr>
<td>Highlands</td>
<td>863-644-0369</td>
</tr>
<tr>
<td>Sumter</td>
<td>863-644-9428</td>
</tr>
</tbody>
</table>

**WEATHER**

- Florida Department of Environmental Protection: 863-645-2324

**HURRICANE SEASON 2022**

June 1 - November 30

Visit polk-county.com/emergency/polk-county-hurricane-preparedness

**EVACUATION INFORMATION**

- State: 1-866-321-1555
- County: 863-645-2324
- City: 863-644-0369

**SOURCE OF EMERGENCY INFORMATION**

- Polk County Emergency Management: 863-645-2324
- Polk County Sheriff’s Office: 863-645-2324

**WEATHER**

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